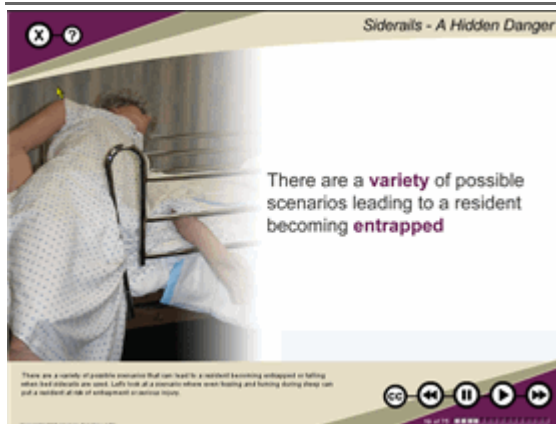




Hello,

Welcome to the Upstairs Solutions Newsletter!

Please read on for more information about how Upstairs Solutions LTC's on-line training and Learning Management System are helping our clients improve resident care and business results every day!



Siderails are in the News

Since the release of the new [FDA safety guidelines for hospital beds](#) in March, 2006, media outlets (such as [National Public Radio](#) and [Nursing Homes magazine](#)) have begun to focus attention on the risks associated with the use of this common restraint.

Despite the well-documented problems with siderails, many facilities struggle with a siderail reduction program because of the misconception that siderails increase resident's safety. That's why Upstairs Solutions LTC developed *Siderails -- A Hidden Danger*.

This interactive online training training module has several special features that will help your staff understand the new best practices:

- custom photography and animation to clearly depict the danger zones on beds
- practical approaches to siderail reduction and alternatives to siderails
- a real-life case study to help students apply their new knowledge on the job
- quizzes and learning games to reinforce the instructional material

Siderails -- A Hidden Danger is also suitable for family education! See the Client Success Story below for more information.

[Click here to request a preview of *Siderails -- A Hidden Danger*!](#)

Client Success Story -- Oak Grove

Oak Grove Rehab and Skilled Care in Carbondale, Illinois came to Upstairs Solutions LTC with an interesting challenge. The facility implemented a building-wide initiative to eliminate siderails. Surprisingly, the greatest hurdle faced was families' reluctance to reduce siderails. Oak Grove needed a cost-effective and convenient way to provide information and education to staff and family members. After discussions with the Upstairs Solutions team, they realized that the *Siderails -- A Hidden Danger* module, part of the Family Education Series, was the answer.

Sherri Belcher, the administrator, reports that "Upstairs has been fantastic. Family members are given access to the Upstairs Solutions system and are able to watch the siderails module at their convenience. This excellent and informative training has really helped families understand the risk of siderails and the families have now become part of the siderail reduction team! Thanks, Upstairs!"

For more information about Upstairs Solutions LTC, call us at (866) 763-4500, visit our website at <http://www.upstairsolutions.com>, or simply reply to this email message.

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